

Meet Schedule

2016 SECTION 3AA TRACK & FIELD SCHEDULE

University of St. Thomas

Provide to coaches for review on May 16, 2016

Tuesday, May 31

Inspection

12:30-1:30 Shot and Discus
12:30 Pole Vault

1:00 LJ/TJ meeting @ venue
1:15 Coaches Meeting
1:50 National Anthem

FIELD EVENTS

2:00	Long Jump	Girls	Flts + Final
2:00	Triple Jump	Boys	Flts + Final
2:00	Pole Vault	Boys	Final
2:00	High Jump	Girls	Final
2:00	Shot Put	Boys	Flts + Final
4:30	Discus	Girls	Flts + Final

RUNNING EVENTS

3:00 PM	100 M Hurdles	Girls	Prelim Heats
3:20	110 M Hurdles	Boys	Prelim Heats
3:40	100 M Dash	Girls	Prelim Heats
3:55	100 M Dash	Boys	Prelim Heats
4:10	400 M Dash	Girls	Prelim Heats
4:30	400 M Dash	Boys	Prelim Heats
4:55	300 M Hurdles	Girls	Prelim Heats
5:10	300 M Hurdles	Boys	Prelim Heats
5:30	800 M Run	Girls	Prelim Heats
5:50	800 M Run	Boys	Prelim Heats
6:10	200 M Dash	Girls	Prelim Heats
6:30	200 M Dash	Boys	Prelim Heats
6:50	3200 M Run	Girls	2 Section Final
7:15	3200 M Run	Boys	2 Section Final

Awards

- Field Judges to walk athletes to awards stand immediately after the completion of the event
- 100m awards Thursday after 200m
- 3200m awards Thursday after 1600m

Additional Pole Vault Warm-Up
Coach/ school supervised indoor warm-up pit available during competition

Thursday, June 2

Inspection

1:30-2:30 Shot and Discus
1:30 Pole Vault

2:00 LJ/TJ Meeting @ venue
2:15 Coaches Meeting
2:50 National Anthem

FIELD EVENTS

3:00	Long Jump	Boys	Flts + Final
3:00	Triple Jump	Girls	Flts + Final
3:00	Pole Vault	Girls	Final
3:00	High Jump	Boys	Final
3:00	Shot Put	Girls	Flts + Final
5:30	Discus	Boys	Flts + Final

RUNNING EVENTS

4:00 PM	4x800M Relay	Girls	1 Section Final
4:15	4x800 M Relay	Boys	1 Section Final
4:45	100 M Hurdles	Girls	Final
4:55	110 M Hurdles	Boys	Final
5:05	100 M Dash	Girls	Final
5:10	100 M Dash	Boys	Final
5:20	4x200 M Relay	Girls	2 Section Final
5:35	4x200 M Relay	Boys	2 Section Final
5:55	1600 M Run	Girls	Final
6:05	1600 M Run	Boys	Final
6:20	4x100 M Relay	Girls	2 Section Final
6:30	4x100 M Relay	Boys	2 Section Final
6:40	400 M Dash	Girls	Final
6:45	400 M Dash	Boys	Final
6:50	300 M Hurdles	Girls	Final
7:00	300 M Hurdles	Boys	Final
7:10	800 M Run	Girls	Final
7:20	800 M Run	Boys	Final
7:30	200 M Dash	Girls	Final
7:40	200 M Dash	Boys	Final

Team Scores through 17 Event Announced

8:00	4x400 M Relay	Girls	2 Section Final
8:12	4x400 M Relay	Boys	2 Section Final

Team Awards